

Résultats – Champ. LD

2017-04-02

H21E

| | | (4 / 4) | | Temps | Après | | |
|----|------------------|-----------------|-----------------|----------------|----------------|-----------------|--|
| 1. | Julien LE BORGNE | | Quimper 29 | 1:36:56 | | | |
| | 3:36 (3:36) | 2:55 (6:31) | 1:15 (7:46) | 2:54 (10:29) | 5:40 (16:09) | 9:11 (25:20) | |
| | 8:01 (33:21) | 3:55 (37:16) | 1:50 (39:06) | 6:49 (45:55) | 1:10 (47:05) | 2:04 (49:09) | |
| | 1:59 (51:08) | 2:45 (53:53) | 4:48 (58:41) | 3:09 (1:01:50) | 5:44 (1:07:34) | 3:13 (1:10:47) | |
| | 5:40 (1:16:27) | 5:25 (1:21:52) | 2:42 (1:24:34) | 3:01 (1:27:35) | 2:25 (1:30:00) | 1:51 (1:31:51) | |
| | 3:12 (1:35:03) | 1:44 (1:36:47) | 0:09 (1:36:56) | | | | |
| 2. | Kelig HEURTAUX | | VIK'AZIM | 1:46:38 | +9:42 | | |
| | 3:29 (3:29) | 2:55 (6:24) | 1:11 (7:35) | 2:54 (10:29) | 6:34 (17:03) | 10:48 (27:51) | |
| | 8:33 (36:24) | 4:05 (40:29) | 2:06 (42:35) | 7:07 (49:42) | 1:14 (50:56) | 2:09 (53:05) | |
| | 2:43 (55:48) | 2:49 (58:37) | 6:45 (1:05:22) | 3:15 (1:08:37) | 7:11 (1:15:48) | 6:05 (1:21:53) | |
| | 2:01 (1:23:54) | 5:43 (1:29:37) | 3:37 (1:33:14) | 1:54 (1:35:08) | 2:36 (1:37:44) | 2:53 (1:40:37) | |
| | 3:26 (1:44:03) | 2:26 (1:46:29) | 0:09 (1:46:38) | | | | |
| 3. | Vincent VOIVENEL | | VIK'AZIM | 2:03:35 | +26:39 | | |
| | 4:11 (4:11) | 3:37 (7:48) | 1:53 (9:41) | 2:55 (12:36) | 5:54 (18:30) | 10:56 (29:26) | |
| | 9:19 (38:45) | 4:15 (43:00) | 2:39 (45:39) | 8:28 (54:07) | 1:26 (55:33) | 2:49 (58:22) | |
| | 3:27 (1:01:49) | 3:02 (1:04:51) | 7:02 (1:11:53) | 3:55 (1:15:48) | 7:06 (1:22:54) | 4:39 (1:27:33) | |
| | 4:51 (1:32:24) | 12:41 (1:45:05) | 3:44 (1:48:49) | 1:56 (1:50:45) | 3:18 (1:54:03) | 2:12 (1:56:15) | |
| | 4:03 (2:00:18) | 3:04 (2:03:22) | 0:13 (2:03:35) | | | | |
| 4. | Johann LE BARBER | | Quimper 29 | 2:10:35 | +33:39 | | |
| | 3:41 (3:41) | 4:54 (8:35) | 1:18 (9:53) | 2:57 (12:50) | 6:12 (19:02) | 9:42 (28:44) | |
| | 11:54 (40:38) | 4:25 (45:03) | 1:57 (47:00) | 6:30 (53:30) | 1:20 (54:50) | 2:41 (57:31) | |
| | 4:26 (1:01:57) | 4:37 (1:06:34) | 10:19 (1:16:53) | 3:39 (1:20:32) | 8:06 (1:28:38) | 12:09 (1:40:47) | |
| | 2:32 (1:43:19) | 7:27 (1:50:46) | 4:06 (1:54:52) | 2:27 (1:57:19) | 2:38 (1:59:57) | 2:19 (2:02:16) | |
| | 6:17 (2:08:33) | 1:51 (2:10:24) | 0:11 (2:10:35) | | | | |

H20E

| | | (1 / 1) | | Temps | Après | | |
|----|----------------|----------------|----------------|----------------|----------------|----------------|--|
| 1. | Ewen HEURTAUX | | VIK'AZIM | 1:33:14 | | | |
| | 3:27 (3:27) | 6:08 (9:35) | 1:49 (11:24) | 3:06 (14:30) | 5:49 (20:19) | 9:51 (30:10) | |
| | 7:58 (38:08) | 5:21 (43:29) | 2:07 (45:36) | 6:58 (52:34) | 5:10 (57:44) | 3:29 (1:01:13) | |
| | 5:49 (1:07:02) | 4:18 (1:11:20) | 3:23 (1:14:43) | 5:36 (1:20:19) | 6:10 (1:26:29) | 4:34 (1:31:03) | |
| | 1:58 (1:33:01) | 0:13 (1:33:14) | | | | | |

H21A

| | | (2 / 2) | | Temps | Après | | |
|----|----------------------|----------------|-----------------|-----------------|-----------------|----------------|--|
| 1. | Benoit PECQUENARD | | VIK'AZIM | 1:39:59 | | | |
| | 4:59 (4:59) | 5:46 (10:45) | 2:03 (12:48) | 3:01 (15:49) | 5:27 (21:16) | 9:43 (30:59) | |
| | 8:02 (39:01) | 5:24 (44:25) | 2:10 (46:35) | 7:06 (53:41) | 5:13 (58:54) | 3:20 (1:02:14) | |
| | 5:59 (1:08:13) | 3:54 (1:12:07) | 5:38 (1:17:45) | 7:52 (1:25:37) | 6:21 (1:31:58) | 5:54 (1:37:52) | |
| | 1:55 (1:39:47) | 0:12 (1:39:59) | | | | | |
| 2. | Guillaume PLOUZENNEC | | Quimper 29 | 2:22:28 | +42:29 | | |
| | 4:40 (4:40) | 3:20 (8:00) | 1:35 (9:35) | 3:47 (13:22) | 12:28 (25:50) | 13:30 (39:20) | |
| | 10:36 (49:56) | 5:37 (55:33) | 4:49 (1:00:22) | 15:08 (1:15:30) | 10:46 (1:26:16) | 4:27 (1:30:43) | |
| | 9:02 (1:39:45) | 7:29 (1:47:14) | 10:32 (1:57:46) | 7:26 (2:05:12) | 8:21 (2:13:33) | 5:59 (2:19:32) | |
| | 2:42 (2:22:14) | 0:14 (2:22:28) | | | | | |

H20A

| | | (1 / 1) | | Temps | Après | | |
|----|----------------|----------------|----------------|----------------|----------------|----------------|--|
| 1. | Titouan BASSET | | COBS | 1:14:40 | | | |
| | 3:33 (3:33) | 5:28 (9:01) | 3:45 (12:46) | 5:48 (18:34) | 8:33 (27:07) | 6:07 (33:14) | |
| | 2:09 (35:23) | 2:04 (37:27) | 5:15 (42:42) | 1:41 (44:23) | 2:27 (46:50) | 9:36 (56:26) | |
| | 5:39 (1:02:05) | 1:04 (1:03:09) | 0:43 (1:03:52) | 1:01 (1:04:53) | 3:05 (1:07:58) | 3:54 (1:11:52) | |
| | 2:38 (1:14:30) | 0:10 (1:14:40) | | | | | |

H35

| | | (5 / 5) | | Temps | Après | | |
|----|-------------------|----------------|----------------|----------------|----------------|-----------------|--|
| 1. | François CALANDOT | | O. CAENNAISE | 1:10:16 | | | |
| | 3:26 (3:26) | 3:06 (6:32) | 3:30 (10:02) | 6:22 (16:24) | 7:59 (24:23) | 5:14 (29:37) | |
| | 1:00 (30:37) | 1:54 (32:31) | 3:14 (35:45) | 2:39 (38:24) | 2:41 (41:05) | 7:39 (48:44) | |
| | 5:53 (54:37) | 0:54 (55:31) | 2:10 (57:41) | 1:19 (59:00) | 4:02 (1:03:02) | 4:26 (1:07:28) | |
| | 2:35 (1:10:03) | 0:13 (1:10:16) | | | | | |
| 2. | Ludovic BOURMAUD | | BO | 1:25:43 | +15:27 | | |
| | 5:19 (5:19) | 3:59 (9:18) | 4:23 (13:41) | 7:43 (21:24) | 9:26 (30:50) | 6:15 (37:05) | |
| | 2:14 (39:19) | 2:13 (41:32) | 4:03 (45:35) | 2:05 (47:40) | 3:13 (50:53) | 9:03 (59:56) | |
| | 8:56 (1:08:52) | 3:50 (1:12:42) | 0:52 (1:13:34) | 1:12 (1:14:46) | 3:50 (1:18:36) | 4:10 (1:22:46) | |
| | 2:47 (1:25:33) | 0:10 (1:25:43) | | | | | |
| 3. | Erwann GARROT | | O. CAENNAISE | 1:34:20 | +24:04 | | |
| | 4:30 (4:30) | 3:49 (8:19) | 4:44 (13:03) | 7:55 (20:58) | 11:38 (32:36) | 7:17 (39:53) | |
| | 1:11 (41:04) | 2:25 (43:29) | 4:39 (48:08) | 2:19 (50:27) | 3:24 (53:51) | 10:23 (1:04:14) | |
| | 8:57 (1:13:11) | 1:37 (1:14:48) | 1:10 (1:15:58) | 1:44 (1:17:42) | 4:27 (1:22:09) | 7:03 (1:29:12) | |
| | 4:49 (1:34:01) | 0:19 (1:34:20) | | | | | |
| 4. | Alan DAOUDAL | | Quimper 29 | 1:38:13 | +27:57 | | |
| | 5:12 (5:12) | 3:43 (8:55) | 4:28 (13:23) | 7:11 (20:34) | 13:19 (33:53) | 9:28 (43:21) | |
| | 1:13 (44:34) | 2:16 (46:50) | 5:40 (52:30) | 2:22 (54:52) | 3:19 (58:11) | 10:34 (1:08:45) | |
| | 12:56 (1:21:41) | 0:58 (1:22:39) | 2:07 (1:24:46) | 1:39 (1:26:25) | 4:11 (1:30:36) | 4:34 (1:35:10) | |
| | 2:53 (1:38:03) | 0:10 (1:38:13) | | | | | |
| 5. | Jérôme HULIN | | TC VAL | 1:43:45 | +33:29 | | |
| | 7:09 (7:09) | 3:23 (10:32) | 4:35 (15:07) | 8:35 (23:42) | 11:15 (34:57) | 9:12 (44:09) | |
| | 1:40 (45:49) | 2:31 (48:20) | 8:30 (56:50) | 3:16 (1:00:06) | 4:23 (1:04:29) | 9:30 (1:13:59) | |
| | 7:54 (1:21:53) | 1:13 (1:23:06) | 2:54 (1:26:00) | 1:49 (1:27:49) | 8:13 (1:36:02) | 4:34 (1:40:36) | |
| | 2:56 (1:43:32) | 0:13 (1:43:45) | | | | | |

D21E

| | | (1 / 1) | | Temps | Après | | |
|----|----------------|----------------|----------------|----------------|----------------|-----------------|--|
| 1. | Aurelia PARIS | | CRCO | 1:34:13 | | | |
| | 4:46 (4:46) | 4:43 (9:29) | 4:49 (14:18) | 6:19 (20:37) | 11:14 (31:51) | 9:10 (41:01) | |
| | 1:22 (42:23) | 3:20 (45:43) | 5:33 (51:16) | 2:39 (53:55) | 3:51 (57:46) | 11:40 (1:09:26) | |
| | 7:19 (1:16:45) | 1:50 (1:18:35) | 1:11 (1:19:46) | 1:28 (1:21:14) | 4:08 (1:25:22) | 4:55 (1:30:17) | |
| | 3:44 (1:34:01) | 0:12 (1:34:13) | | | | | |

H45

| | | (18 / 18) | | Temps | Après | | |
|----|----------------------|------------------|----------------|----------------|--------------|----------------|--|
| 1. | Sébastien HAREL | | Quimper 29 | 1:15:40 | | | |
| | 3:37 (3:37) | 3:02 (6:39) | 3:40 (10:19) | 5:52 (16:11) | 9:42 (25:53) | 5:30 (31:23) | |
| | 2:37 (34:00) | 3:28 (37:28) | 1:53 (39:21) | 10:39 (50:00) | 7:40 (57:40) | 6:35 (1:04:15) | |
| | 4:37 (1:08:52) | 4:03 (1:12:55) | 2:35 (1:15:30) | 0:10 (1:15:40) | | | |
| 2. | Bertrand LECONTELLEC | | BO | 1:18:42 | +3:02 | | |

| | | | | | | |
|-------------|--------------------|----------------|------------------|----------------|-----------------|-----------------|
| | 4:08 (4:08) | 3:45 (7:53) | 4:58 (12:51) | 9:08 (21:59) | 9:34 (31:33) | 6:23 (37:56) |
| | 2:43 (40:39) | 4:12 (44:51) | 2:15 (47:06) | 3:15 (50:21) | 9:16 (59:37) | 7:10 (1:06:47) |
| | 4:33 (1:11:20) | 4:19 (1:15:39) | 2:52 (1:18:31) | 0:11 (1:18:42) | | |
| 3. | Jerome HUCTIN | | COPV | 1:20:21 +4:41 | | |
| | 4:10 (4:10) | 3:51 (8:01) | 5:21 (13:22) | 7:39 (21:01) | 10:55 (31:56) | 7:30 (39:26) |
| | 2:35 (42:01) | 4:00 (46:01) | 2:04 (48:05) | 2:53 (50:58) | 9:07 (1:00:05) | 9:08 (1:09:13) |
| | 3:38 (1:12:51) | 4:24 (1:17:15) | 2:56 (1:20:11) | 0:10 (1:20:21) | | |
| 4. | Eric BRASSART | | O. CAENNAISE | 1:23:51 +8:11 | | |
| | 4:16 (4:16) | 3:35 (7:51) | 4:38 (12:29) | 8:03 (20:32) | 10:07 (30:39) | 7:21 (38:00) |
| | 3:13 (41:13) | 4:09 (45:22) | 2:43 (48:05) | 3:35 (51:40) | 10:43 (1:02:23) | 7:38 (1:10:01) |
| | 4:16 (1:14:17) | 5:24 (1:19:41) | 3:54 (1:23:35) | 0:16 (1:23:51) | | |
| 5. | Denis GRAFFIN | | BO | 1:23:54 +8:14 | | |
| | 9:43 (9:43) | 3:00 (12:43) | 4:41 (17:24) | 5:13 (22:37) | 9:34 (32:11) | 6:40 (38:51) |
| | 3:09 (42:00) | 6:59 (48:59) | 2:34 (51:33) | 2:58 (54:31) | 10:18 (1:04:49) | 7:34 (1:12:23) |
| | 4:04 (1:16:27) | 4:06 (1:20:33) | 3:11 (1:23:44) | 0:10 (1:23:54) | | |
| 6. | Laurent VALOIS | | CRCO | 1:26:53 +11:13 | | |
| | 4:26 (4:26) | 3:41 (8:07) | 5:08 (13:15) | 6:31 (19:46) | 14:59 (34:45) | 8:36 (43:21) |
| | 3:50 (47:11) | 4:05 (51:16) | 2:05 (53:21) | 3:09 (56:30) | 9:08 (1:05:38) | 8:48 (1:14:26) |
| | 4:32 (1:18:58) | 4:52 (1:23:50) | 2:51 (1:26:41) | 0:12 (1:26:53) | | |
| 7. | Cyrille GUIHENEUF | | Quimper 29 | 1:27:09 +11:29 | | |
| | 4:35 (4:35) | 5:45 (10:20) | 4:57 (15:17) | 6:11 (21:28) | 10:43 (32:11) | 7:49 (40:00) |
| | 2:55 (42:55) | 4:22 (47:17) | 2:11 (49:28) | 3:08 (52:36) | 10:57 (1:03:33) | 9:03 (1:12:36) |
| | 5:14 (1:17:50) | 5:35 (1:23:25) | 3:31 (1:26:56) | 0:13 (1:27:09) | | |
| 8. | Nicolas FREMONT | | COBS | 1:29:38 +13:58 | | |
| | 4:51 (4:51) | 6:06 (10:57) | 4:27 (15:24) | 7:36 (23:00) | 10:50 (33:50) | 9:20 (43:10) |
| | 3:38 (46:48) | 5:08 (51:56) | 2:19 (54:15) | 3:23 (57:38) | 8:33 (1:06:11) | 12:07 (1:18:18) |
| | 4:03 (1:22:21) | 4:25 (1:26:46) | 2:40 (1:29:26) | 0:12 (1:29:38) | | |
| 9. | Gabriel RENAULT | | COPV | 1:30:54 +15:14 | | |
| | 4:58 (4:58) | 3:34 (8:32) | 4:46 (13:18) | 6:58 (20:16) | 10:12 (30:28) | 8:04 (38:32) |
| | 4:08 (42:40) | 4:56 (47:36) | 2:24 (50:00) | 3:29 (53:29) | 14:17 (1:07:46) | 11:09 (1:18:55) |
| | 4:01 (1:22:56) | 4:49 (1:27:45) | 2:59 (1:30:44) | 0:10 (1:30:54) | | |
| 10. | Eric RAVENET | | SAINT-BRIEUC OR | 1:31:03 +15:23 | | |
| | 6:19 (6:19) | 4:14 (10:33) | 5:16 (15:49) | 9:36 (25:25) | 11:46 (37:11) | 9:02 (46:13) |
| | 3:23 (49:36) | 5:39 (55:15) | 2:12 (57:27) | 3:09 (1:00:36) | 9:18 (1:09:54) | 7:55 (1:17:49) |
| | 4:26 (1:22:15) | 5:08 (1:27:23) | 3:31 (1:30:54) | 0:09 (1:31:03) | | |
| 11. | Laurent BASSET | | COBS | 1:33:10 +17:30 | | |
| | 4:20 (4:20) | 3:57 (8:17) | 5:14 (13:31) | 10:54 (24:25) | 11:16 (35:41) | 8:25 (44:06) |
| | 3:44 (47:50) | 4:32 (52:22) | 2:11 (54:33) | 3:26 (57:59) | 11:38 (1:09:37) | 9:43 (1:19:20) |
| | 4:29 (1:23:49) | 5:27 (1:29:16) | 3:42 (1:32:58) | 0:12 (1:33:10) | | |
| 12. | Olivier BOURGOIN | | Non licencié | 1:37:13 +21:33 | | |
| | 5:41 (5:41) | 3:41 (9:22) | 6:08 (15:30) | 5:47 (21:17) | 10:05 (31:22) | 12:48 (44:10) |
| | 3:32 (47:42) | 11:15 (58:57) | 2:07 (1:01:04) | 3:36 (1:04:40) | 10:27 (1:15:07) | 9:08 (1:24:15) |
| | 4:58 (1:29:13) | 4:55 (1:34:08) | 2:55 (1:37:03) | 0:10 (1:37:13) | | |
| 13. | Jerôme FAIVRE | | NAO | 1:40:26 +24:46 | | |
| | 4:36 (4:36) | 4:12 (8:48) | 4:53 (13:41) | 8:07 (21:48) | 11:56 (33:44) | 11:09 (44:53) |
| | 5:05 (49:58) | 7:50 (57:48) | 3:09 (1:00:57) | 4:35 (1:05:32) | 9:58 (1:15:30) | 8:23 (1:23:53) |
| | 5:29 (1:29:22) | 5:56 (1:35:18) | 4:52 (1:40:10) | 0:16 (1:40:26) | | |
| 14. | Lionel GAILLARD | | COL | 1:40:45 +25:05 | | |
| | 4:54 (4:54) | 4:36 (9:30) | 4:57 (14:27) | 10:00 (24:27) | 11:22 (35:49) | 7:59 (43:48) |
| | 3:16 (47:04) | 5:05 (52:09) | 2:48 (54:57) | 4:39 (59:36) | 11:49 (1:11:25) | 11:58 (1:23:23) |
| | 5:04 (1:28:27) | 8:53 (1:37:20) | 3:12 (1:40:32) | 0:13 (1:40:45) | | |
| 15. | LETHENO Goulven | | Non licencié | 1:45:43 +30:03 | | |
| | 5:10 (5:10) | 5:36 (10:46) | 5:14 (16:00) | 7:15 (23:15) | 13:18 (36:33) | 9:04 (45:37) |
| | 6:25 (52:02) | 7:57 (59:59) | 3:17 (1:03:16) | 4:28 (1:07:44) | 10:41 (1:18:25) | 11:14 (1:29:39) |
| | 5:16 (1:34:55) | 6:41 (1:41:36) | 3:55 (1:45:31) | 0:12 (1:45:43) | | |
| 16. | Vincent BASSARD | | TC VAL | 1:51:49 +36:09 | | |
| | 4:04 (4:04) | 3:53 (7:57) | 5:08 (13:05) | 7:19 (20:24) | 10:19 (30:43) | 10:03 (40:46) |
| | 3:37 (44:23) | 5:52 (50:15) | 16:50 (1:07:05) | 3:30 (1:10:35) | 13:31 (1:24:06) | 12:01 (1:36:07) |
| | 5:33 (1:41:40) | 5:42 (1:47:22) | 4:10 (1:51:32) | 0:17 (1:51:49) | | |
| | Marc MAUNY | | CRCO | PM | | |
| | 4:50 (4:50) | 5:18 (10:08) | 4:00 (14:08) | 8:14 (22:22) | 12:52 (35:14) | 8:59 (44:13) |
| | 3:11 (47:24) | 3:31 (50:55) | 2:04 (52:59) | 2:45 (55:44) | 8:46 (1:04:30) | 10:35 (1:15:05) |
| | 4:37 (1:19:42) | - (-) | - (1:29:26) | 0:15 (1:29:41) | | |
| | Pascal HEURTAUX | | VIK'AZIM | PM | | |
| | 5:57 (5:57) | 5:19 (11:16) | 7:55 (19:11) | 13:58 (33:09) | 20:50 (53:59) | 12:45 (1:06:44) |
| | 5:37 (1:12:21) | 8:28 (1:20:49) | 9:40 (1:30:29) | - (-) | - (-) | - (-) |
| | - (-) | - (-) | - (-) | - (2:01:38) | | |
| H18A | | | (3 / 3) | Temps | Après | |
| 1. | Jozef LECONTELLEC | | BO | 1:17:35 | | |
| | 4:21 (4:21) | 3:21 (7:42) | 4:16 (11:58) | 5:42 (17:40) | 8:29 (26:09) | 5:42 (31:51) |
| | 3:01 (34:52) | 4:29 (39:21) | 2:10 (41:31) | 2:57 (44:28) | 10:42 (55:10) | 10:55 (1:06:05) |
| | 3:56 (1:10:01) | 4:30 (1:14:31) | 2:55 (1:17:26) | 0:09 (1:17:35) | | |
| 2. | Jonah MANREDJO | | BO | 1:38:14 +20:39 | | |
| | 10:36 (10:36) | 3:51 (14:27) | 4:59 (19:26) | 8:13 (27:39) | 10:58 (38:37) | 7:37 (46:14) |
| | 4:06 (50:20) | 7:06 (57:26) | 2:39 (1:00:05) | 6:21 (1:06:26) | 8:31 (1:14:57) | 9:25 (1:24:22) |
| | 5:58 (1:30:20) | 4:34 (1:34:54) | 3:09 (1:38:03) | 0:11 (1:38:14) | | |
| 3. | Quentin BELUZE | | Quimper 29 | 1:40:33 +22:58 | | |
| | 3:56 (3:56) | 3:30 (7:26) | 5:28 (12:54) | 6:10 (19:04) | 24:48 (43:52) | 8:09 (52:01) |
| | 3:18 (55:19) | 5:00 (1:00:19) | 2:12 (1:02:31) | 4:39 (1:07:10) | 11:26 (1:18:36) | 10:06 (1:28:42) |
| | 4:05 (1:32:47) | 4:36 (1:37:23) | 2:57 (1:40:20) | 0:13 (1:40:33) | | |
| H40 | | | (12 / 12) | Temps | Après | |
| 1. | Christophe MALARDE | | COL | 59:18 | | |
| | 3:27 (3:27) | 2:53 (6:20) | 3:26 (9:46) | 5:17 (15:03) | 7:34 (22:37) | 5:41 (28:18) |
| | 2:48 (31:06) | 2:54 (34:00) | 2:04 (36:04) | 2:27 (38:31) | 6:47 (45:18) | 4:58 (50:16) |
| | 3:06 (53:22) | 3:30 (56:52) | 2:17 (59:09) | 0:09 (59:18) | | |
| 2. | Sebastien GEOFFROY | | CSA ETRS | 1:06:06 +6:48 | | |
| | 3:28 (3:28) | 3:29 (6:57) | 3:49 (10:46) | 6:10 (16:56) | 7:50 (24:46) | 6:12 (30:58) |
| | 2:13 (33:11) | 3:01 (36:12) | 1:41 (37:53) | 3:11 (41:04) | 7:35 (48:39) | 7:02 (55:41) |
| | 3:16 (58:57) | 3:52 (1:02:49) | 3:08 (1:05:57) | 0:09 (1:06:06) | | |
| 3. | Serge DUDOUT | | COBS | 1:12:49 +13:31 | | |
| | 4:01 (4:01) | 3:34 (7:35) | 4:26 (12:01) | 7:33 (19:34) | 9:32 (29:06) | 6:16 (35:22) |
| | 2:38 (38:00) | 3:39 (41:39) | 2:11 (43:50) | 2:51 (46:41) | 8:16 (54:57) | 6:10 (1:01:07) |
| | 4:22 (1:05:29) | 4:20 (1:09:49) | 2:49 (1:12:38) | 0:11 (1:12:49) | | |
| 4. | Yohann DAOUDAL | | Quimper 29 | 1:13:31 +14:13 | | |
| | 6:18 (6:18) | 3:11 (9:29) | 4:00 (13:29) | 7:30 (20:59) | 8:54 (29:53) | 6:33 (36:26) |
| | 3:00 (39:26) | 3:04 (42:30) | 1:41 (44:11) | 2:29 (46:40) | 8:48 (55:28) | 6:23 (1:01:51) |
| | 4:41 (1:06:32) | 3:48 (1:10:20) | 3:01 (1:13:21) | 0:10 (1:13:31) | | |

| | | | | | | | | |
|-------------|--|---|------------------|---|----------------|---|----------------------------------|----------------------------------|
| 5. | Jean-François URVOY 4:48 (4:48) 2:40 (36:38) 3:18 (1:07:42) | 3:03 (7:51) 4:49 (41:27) 3:54 (1:11:36) | Quimper 29 | 3:53 (11:44) 4:00 (45:27) 2:39 (1:14:15) | 1:14:25 +15:07 | 5:10 (16:54) 4:43 (50:10) 0:10 (1:14:25) | 10:58 (27:52) 7:44 (57:54) | 6:06 (33:58) 6:30 (1:04:24) |
| 6. | Guillaume LAVAURE 6:13 (6:13) 3:15 (40:24) 3:51 (1:09:00) | 3:22 (9:35) 3:46 (44:10) 4:09 (1:13:09) | Non licencié | 4:22 (13:57) 1:41 (45:51) 2:38 (1:15:47) | 1:15:56 +16:38 | 6:04 (20:01) 3:54 (49:45) 0:09 (1:15:56) | 8:05 (28:06) 8:05 (57:50) | 9:03 (37:09) 7:19 (1:05:09) |
| 7. | Olivier PREVEL 4:08 (4:08) 2:50 (41:35) 3:58 (1:08:57) | 3:29 (7:37) 3:05 (44:40) 4:14 (1:13:11) | VIK'AZIM | 6:33 (14:10) 1:46 (46:26) 2:57 (1:16:08) | 1:16:19 +17:01 | 6:02 (20:12) 3:48 (50:14) 0:11 (1:16:19) | 11:30 (31:42) 9:02 (59:16) | 7:03 (38:45) 5:43 (1:04:59) |
| 8. | Sebastien PECOURT 4:30 (4:30) 3:25 (38:55) 7:03 (1:12:19) | 4:36 (9:06) 3:57 (42:52) 4:54 (1:17:13) | Quimper 29 | 4:23 (13:29) 2:18 (45:10) 3:07 (1:20:20) | 1:20:34 +21:16 | 5:45 (19:14) 3:24 (48:34) 0:14 (1:20:34) | 9:24 (28:38) 9:03 (57:37) | 6:52 (35:30) 7:39 (1:05:16) |
| 9. | Regis BAILLET 4:12 (4:12) 4:32 (50:54) 6:06 (1:31:40) | 4:15 (8:27) 4:24 (55:18) 6:17 (1:37:57) | Quimper 29 | 5:06 (13:33) 2:39 (57:57) 3:41 (1:41:38) | 1:41:51 +42:33 | 13:24 (26:57) 3:31 (1:01:28) 0:13 (1:41:51) | 11:50 (38:47) 12:19 (1:13:47) | 7:35 (46:22) 11:47 (1:25:34) |
| 10. | Cyril BERTHOLOM 5:17 (5:17) 5:23 (53:36) 5:06 (1:34:52) | 4:58 (10:15) 5:19 (58:55) 5:58 (1:40:50) | Quimper 29 | 5:25 (15:40) 2:31 (1:01:26) 3:46 (1:44:36) | 1:44:48 +45:30 | 7:55 (23:35) 5:49 (1:07:15) 0:12 (1:44:48) | 13:20 (36:55) 13:42 (1:20:57) | 11:18 (48:13) 8:49 (1:29:46) |
| 11. | Aurélien KLAPKA 7:37 (7:37) 5:06 (1:04:28) 5:41 (1:55:44) | 5:18 (12:55) 5:27 (1:09:55) 7:03 (2:02:47) | SAINT-BRIEUC OR | 6:51 (19:46) 6:01 (1:15:56) 10:13 (2:13:00) | 2:13:12 +73:54 | 9:45 (29:31) 6:57 (1:22:53) 0:12 (2:13:12) | 14:08 (43:39) 16:13 (1:39:06) | 15:43 (59:22) 10:57 (1:50:03) |
| 12. | Ronan LE BAIL 9:29 (9:29) 5:26 (56:25) 7:19 (2:14:00) | 4:23 (13:52) 36:31 (1:32:56) 9:53 (2:23:53) | COL | 5:22 (19:14) 4:53 (1:37:49) 4:16 (2:28:09) | 2:28:26 +89:08 | 12:14 (31:28) 5:05 (1:42:54) 0:17 (2:28:26) | 11:44 (43:12) 12:28 (1:55:22) | 7:47 (50:59) 11:19 (2:06:41) |
| D21A | | | (2 / 2) | | Temps | Après | | |
| 1. | Noémie BEAUVISAGE 6:53 (6:53) 4:07 (41:39) | 4:24 (11:17) 19:39 (1:01:18) | COBS | 6:44 (18:01) 7:11 (1:08:29) | 1:24:53 | 5:58 (23:59) 11:18 (1:19:47) | 7:56 (31:55) 4:54 (1:24:41) | 5:37 (37:32) 0:12 (1:24:53) |
| 2. | Emilie POGU 5:13 (5:13) 3:55 (54:55) | 4:30 (9:43) 15:33 (1:10:28) | SAINT-BRIEUC OR | 5:49 (15:32) 6:19 (1:16:47) | 1:32:01 +7:08 | 5:06 (20:38) 9:47 (1:26:34) | 7:16 (27:54) 5:11 (1:31:45) | 23:06 (51:00) 0:16 (1:32:01) |
| D35 | | | (2 / 2) | | Temps | Après | | |
| 1. | Soizic BORGAT 4:39 (4:39) 6:37 (38:49) | 5:16 (9:55) 8:00 (46:49) | O. CAENNAISE | 4:52 (14:47) 5:15 (52:04) | 1:05:43 | 5:11 (19:58) 9:15 (1:01:19) | 7:55 (27:53) 4:12 (1:05:31) | 4:19 (32:12) 0:12 (1:05:43) |
| 2. | Séverine CHICHERY 10:48 (10:48) 5:51 (59:25) | 7:10 (17:58) 22:47 (1:22:12) | Quimper 29 | 8:16 (26:14) 14:54 (1:37:06) | 2:00:06 +54:23 | 7:21 (33:35) 15:48 (1:52:54) | 12:02 (45:37) 6:56 (1:59:50) | 7:57 (53:34) 0:16 (2:00:06) |
| H50 | | | (11 / 11) | | Temps | Après | | |
| 1. | Bruno MAES 7:06 (7:06) 5:12 (34:44) 2:49 (57:13) | 3:50 (10:56) 4:30 (39:14) 0:10 (57:23) | COL | 3:25 (14:21) 2:47 (42:01) | 57:23 | 7:46 (22:07) 4:13 (46:14) | 4:38 (26:45) 1:44 (47:58) | 2:47 (29:32) 6:26 (54:24) |
| 2. | Philippe SANCHEZ 6:29 (6:29) 3:45 (31:48) 2:44 (58:46) | 3:36 (10:05) 1:56 (33:44) 0:12 (58:58) | COBS | 3:01 (13:06) 3:10 (36:54) | 58:58 +1:35 | 7:05 (20:11) 6:25 (43:19) | 4:36 (24:47) 6:07 (49:26) | 3:16 (28:03) 6:36 (56:02) |
| 3. | Benoit SANDEVOIR 7:42 (7:42) 4:24 (37:06) 3:34 (1:01:25) | 4:18 (12:00) 2:47 (39:53) 0:12 (1:01:37) | O. CAENNAISE | 3:47 (15:47) 3:38 (43:31) | 1:01:37 +4:14 | 8:56 (24:43) 4:08 (47:39) | 5:03 (29:46) 2:06 (49:45) | 2:56 (32:42) 8:06 (57:51) |
| 4. | Laurent PANNETIER 7:02 (7:02) 3:47 (36:41) 3:21 (1:01:58) | 3:36 (10:38) 2:07 (38:48) 0:10 (1:02:08) | SAINT-BRIEUC OR | 7:00 (17:38) 2:55 (41:43) | 1:02:08 +4:45 | 8:13 (25:51) 4:04 (45:47) | 3:57 (29:48) 6:38 (52:25) | 3:06 (32:54) 6:12 (58:37) |
| 5. | Eric PIGEON 7:39 (7:39) 5:56 (39:25) 3:27 (1:03:02) | 3:59 (11:38) 2:17 (41:42) 0:12 (1:03:14) | VIK'AZIM | 3:41 (15:19) 3:13 (44:55) | 1:03:14 +5:51 | 9:25 (24:44) 4:09 (49:04) | 4:14 (28:58) 1:35 (50:39) | 4:31 (33:29) 8:56 (59:35) |
| 6. | Marc CAPISANI 10:18 (10:18) 4:20 (43:02) 3:31 (1:08:00) | 4:27 (14:45) 2:15 (45:17) 0:14 (1:08:14) | ASCO ORLEANS | 5:01 (19:46) 3:29 (48:46) | 1:08:14 +10:51 | 10:10 (29:56) 4:52 (53:38) | 5:37 (35:33) 3:05 (56:43) | 3:09 (38:42) 7:46 (1:04:29) |
| 7. | Bruno BEAUVISAGE 7:46 (7:46) 4:00 (44:53) 3:15 (1:09:42) | 4:03 (11:49) 2:13 (47:06) 0:11 (1:09:53) | COBS | 3:40 (15:29) 3:17 (50:23) | 1:09:53 +12:30 | 10:31 (26:00) 5:09 (55:32) | 11:42 (37:42) 3:12 (58:44) | 3:11 (40:53) 7:43 (1:06:27) |
| 8. | Eric MOISSERON 10:45 (10:45) 5:56 (44:18) 5:43 (1:14:58) | 5:07 (15:52) 2:48 (47:06) 0:13 (1:15:11) | VIK'AZIM | 3:57 (19:49) 4:22 (51:28) | 1:15:11 +17:48 | 10:17 (30:06) 4:53 (56:21) | 5:16 (35:22) 4:14 (1:00:35) | 3:00 (38:22) 8:40 (1:09:15) |
| 9. | Christophe AUGROS 8:26 (8:26) 4:08 (51:17) 3:45 (1:19:54) | 3:58 (12:24) 2:12 (53:29) 0:09 (1:20:03) | CSA ETRS | 7:03 (19:27) 3:34 (57:03) | 1:20:03 +22:40 | 15:06 (34:33) 4:27 (1:01:30) | 8:47 (43:20) 6:53 (1:08:23) | 3:49 (47:09) 7:46 (1:16:09) |
| 10. | Damien BEY 11:27 (11:27) 10:29 (54:13) 5:13 (1:45:16) | 4:52 (16:19) 19:49 (1:14:02) 0:14 (1:45:30) | Non licencié | 5:02 (21:21) 7:58 (1:22:00) | 1:45:30 +48:07 | 12:06 (33:27) 5:45 (1:27:45) | 6:13 (39:40) 2:53 (1:30:38) | 4:04 (43:44) 9:25 (1:40:03) |
| | Francois DEROLAND 12:04 (12:04) - (55:14) 4:20 (1:33:05) | 5:45 (17:49) 3:18 (58:32) 0:17 (1:33:22) | BO | 5:22 (23:11) 5:40 (1:04:12) | PM | 15:11 (38:22) 9:49 (1:14:01) | 7:38 (46:00) 3:26 (1:17:27) | - (-) 11:18 (1:28:45) |
| D18A | | | (3 / 3) | | Temps | Après | | |
| 1. | Maëlle BRUGNON | | Quimper 29 | | 1:13:54 | | | |

| | | | | | | |
|-------------|-----------------------------|-----------------|------------------------|-----------------------|-----------------|-----------------|
| | 11:14 (11:14) | 4:23 (15:37) | 4:10 (19:47) | 9:32 (29:19) | 8:03 (37:22) | 3:36 (40:58) |
| | 5:05 (46:03) | 2:25 (48:28) | 3:49 (52:17) | 5:43 (58:00) | 3:18 (1:01:18) | 8:37 (1:09:55) |
| | 3:49 (1:13:44) | 0:10 (1:13:54) | | | | |
| 2. | Loane DUDOUT | | COBS | 1:24:59 +11:05 | | |
| | 9:53 (9:53) | 4:28 (14:21) | 4:42 (19:03) | 10:14 (29:17) | 6:52 (36:09) | 5:37 (41:46) |
| | 7:57 (49:43) | 2:46 (52:29) | 7:59 (1:00:28) | 5:39 (1:06:07) | 5:55 (1:12:02) | 9:04 (1:21:06) |
| | 3:43 (1:24:49) | 0:10 (1:24:59) | | | | |
| | Lisa MAUNY | | CRCO | PM | | |
| | 28:26 (28:26) | 11:09 (39:35) | 5:33 (45:08) | 19:41 (1:04:49) | 8:07 (1:12:56) | 7:01 (1:19:57) |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | - (1:34:47) | 0:14 (1:35:01) | | | | |
| H55 | | | (5 / 5) | Temps | Après | |
| 1. | Philippe MASSON | | CRCO | 1:02:52 | | |
| | 4:11 (4:11) | 3:27 (7:38) | 4:50 (12:28) | 3:22 (15:50) | 6:07 (21:57) | 3:28 (25:25) |
| | 4:06 (29:31) | 4:38 (34:09) | 3:29 (37:38) | 3:31 (41:09) | 3:43 (44:52) | 2:57 (47:49) |
| | 3:48 (51:37) | 7:08 (58:45) | 3:56 (1:02:41) | 0:11 (1:02:52) | | |
| 2. | Gilles ARCHER | | BO | 1:10:57 +8:05 | | |
| | 4:45 (4:45) | 3:52 (8:37) | 6:45 (15:22) | 5:42 (21:04) | 6:19 (27:23) | 4:16 (31:39) |
| | 3:17 (34:56) | 5:56 (40:52) | 3:49 (44:41) | 2:42 (47:23) | 4:35 (51:58) | 2:41 (54:39) |
| | 3:33 (58:12) | 8:02 (1:06:14) | 4:32 (1:10:46) | 0:11 (1:10:57) | | |
| 3. | J-Francois PASCAL | | COPV | 1:17:59 +15:07 | | |
| | 4:35 (4:35) | 12:26 (17:01) | 4:53 (21:54) | 4:58 (26:52) | 6:29 (33:21) | 3:41 (37:02) |
| | 3:23 (40:25) | 5:29 (45:54) | 4:44 (50:38) | 2:12 (52:50) | 4:15 (57:05) | 3:21 (1:00:26) |
| | 5:47 (1:06:13) | 7:47 (1:14:00) | 3:48 (1:17:48) | 0:11 (1:17:59) | | |
| 4. | Jean DURRMANN | | SAINT-BRIEUC OR | 1:22:55 +20:03 | | |
| | 5:02 (5:02) | 4:34 (9:36) | 5:24 (15:00) | 4:58 (19:58) | 9:58 (29:56) | 4:17 (34:13) |
| | 3:50 (38:03) | 5:45 (43:48) | 4:41 (48:29) | 2:45 (51:14) | 6:17 (57:31) | 6:08 (1:03:39) |
| | 5:25 (1:09:04) | 9:35 (1:18:39) | 4:03 (1:22:42) | 0:13 (1:22:55) | | |
| 5. | Jean-rené NEDELEC | | Quimper 29 | 1:24:53 +22:01 | | |
| | 4:57 (4:57) | 7:42 (12:39) | 5:15 (17:54) | 3:40 (21:34) | 5:42 (27:16) | 3:45 (31:01) |
| | 3:58 (34:59) | 6:03 (41:02) | 8:41 (49:43) | 2:04 (51:47) | 12:40 (1:04:27) | 2:46 (1:07:13) |
| | 4:22 (1:11:35) | 8:03 (1:19:38) | 5:04 (1:24:42) | 0:11 (1:24:53) | | |
| H21C | | | (1 / 1) | Temps | Après | |
| | Nicolas CARRIER | | SAINT-BRIEUC OR | PM | | |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| D40 | | | (2 / 2) | Temps | Après | |
| 1. | Sophie BRASSART | | O. CAENNAISE | 1:49:16 | | |
| | 10:26 (10:26) | 7:06 (17:32) | 8:29 (26:01) | 7:18 (33:19) | 11:00 (44:19) | 6:06 (50:25) |
| | 4:50 (55:15) | 9:44 (1:04:59) | 5:22 (1:10:21) | 3:45 (1:14:06) | 6:47 (1:20:53) | 3:50 (1:24:43) |
| | 7:25 (1:32:08) | 10:58 (1:43:06) | 5:52 (1:48:58) | 0:18 (1:49:16) | | |
| 2. | Morgane BERTHOLOM | | Quimper 29 | 2:08:22 +19:06 | | |
| | 7:40 (7:40) | 6:52 (14:32) | 8:02 (22:34) | 8:04 (30:38) | 10:43 (41:21) | 7:32 (48:53) |
| | 17:37 (1:06:30) | 12:13 (1:18:43) | 5:17 (1:24:00) | 4:35 (1:28:35) | 8:09 (1:36:44) | 5:34 (1:42:18) |
| | 6:54 (1:49:12) | 11:54 (2:01:06) | 7:02 (2:08:08) | 0:14 (2:08:22) | | |
| D45 | | | (5 / 5) | Temps | Après | |
| 1. | Pascale LEGUEN | | SAINT-BRIEUC OR | 1:28:06 | | |
| | 6:04 (6:04) | 5:33 (11:37) | 5:35 (17:12) | 5:49 (23:01) | 6:46 (29:47) | 9:08 (38:55) |
| | 4:03 (42:58) | 8:22 (51:20) | 4:24 (55:44) | 3:23 (59:07) | 4:35 (1:03:42) | 3:03 (1:06:45) |
| | 4:26 (1:11:11) | 11:59 (1:23:10) | 4:43 (1:27:53) | 0:13 (1:28:06) | | |
| 2. | Muriel LE CAM | | CRCO | 1:33:39 +5:33 | | |
| | 6:18 (6:18) | 4:46 (11:04) | 6:08 (17:12) | 8:23 (25:35) | 10:34 (36:09) | 6:08 (42:17) |
| | 4:56 (47:13) | 6:34 (53:47) | 3:53 (57:40) | 2:58 (1:00:38) | 5:18 (1:05:56) | 3:37 (1:09:33) |
| | 7:54 (1:17:27) | 10:05 (1:27:32) | 5:52 (1:33:24) | 0:15 (1:33:39) | | |
| 3. | Marianne PASSELERGUE | | ASMB-CO | 1:46:31 +18:25 | | |
| | 6:49 (6:49) | 9:36 (16:25) | 6:24 (22:49) | 6:09 (28:58) | 10:35 (39:33) | 8:04 (47:37) |
| | 5:54 (53:31) | 9:01 (1:02:32) | 5:40 (1:08:12) | 2:48 (1:11:00) | 7:04 (1:18:04) | 3:41 (1:21:45) |
| | 6:17 (1:28:02) | 11:42 (1:39:44) | 6:30 (1:46:14) | 0:17 (1:46:31) | | |
| 4. | Valerie BRUGNON | | Quimper 29 | 2:04:47 +36:41 | | |
| | 8:20 (8:20) | 6:07 (14:27) | 7:22 (21:49) | 8:10 (29:59) | 10:11 (40:10) | 6:13 (46:23) |
| | 4:57 (51:20) | 14:59 (1:06:19) | 7:23 (1:13:42) | 5:37 (1:19:19) | 5:28 (1:24:47) | 9:14 (1:34:01) |
| | 12:32 (1:46:33) | 11:40 (1:58:13) | 6:20 (2:04:33) | 0:14 (2:04:47) | | |
| 5. | Lydie PANNETIER | | SAINT-BRIEUC OR | 2:43:30 +75:24 | | |
| | 24:19 (24:19) | 4:57 (29:16) | 7:25 (36:41) | 8:20 (45:01) | 10:50 (55:51) | 19:56 (1:15:47) |
| | 6:04 (1:21:51) | 8:45 (1:30:36) | 8:03 (1:38:39) | 5:18 (1:43:57) | 22:39 (2:06:36) | 12:24 (2:19:00) |
| | 5:49 (2:24:49) | 9:10 (2:33:59) | 9:16 (2:43:15) | 0:15 (2:43:30) | | |
| D50 | | | (6 / 6) | Temps | Après | |
| 1. | Christine ANTOINE | | O. CAENNAISE | 48:29 | | |
| | 4:53 (4:53) | 4:13 (9:06) | 10:07 (19:13) | 7:22 (26:35) | 5:18 (31:53) | 3:13 (35:06) |
| | 4:33 (39:39) | 3:31 (43:10) | 2:47 (45:57) | 2:19 (48:16) | 0:13 (48:29) | |
| 2. | Valérie BEAUVISAGE | | COBS | 50:53 +2:24 | | |
| | 5:08 (5:08) | 4:56 (10:04) | 8:26 (18:30) | 5:36 (24:06) | 5:24 (29:30) | 4:23 (33:53) |
| | 7:25 (41:18) | 3:42 (45:00) | 2:52 (47:52) | 2:47 (50:39) | 0:14 (50:53) | |
| 3. | Karine MAES | | COL | 52:09 +3:40 | | |
| | 5:15 (5:15) | 4:14 (9:29) | 10:02 (19:31) | 6:15 (25:46) | 5:32 (31:18) | 5:29 (36:47) |
| | 4:34 (41:21) | 3:44 (45:05) | 4:00 (49:05) | 2:53 (51:58) | 0:11 (52:09) | |
| 4. | Geneviève CLOUET | | COPV | 54:11 +5:42 | | |
| | 9:50 (9:50) | 5:14 (15:04) | 9:57 (25:01) | 5:45 (30:46) | 4:26 (35:12) | 2:58 (38:10) |
| | 4:50 (43:00) | 4:02 (47:02) | 4:44 (51:46) | 2:14 (54:00) | 0:11 (54:11) | |
| 5. | Clotilde MORVAN | | BO | 55:55 +7:26 | | |
| | 6:03 (6:03) | 5:08 (11:11) | 9:46 (20:57) | 6:27 (27:24) | 6:08 (33:32) | 4:58 (38:30) |
| | 5:45 (44:15) | 4:05 (48:20) | 4:51 (53:11) | 2:33 (55:44) | 0:11 (55:55) | |
| 6. | Claire MOISSERON | | VIK'AZIM | 1:13:57 +25:28 | | |
| | 7:20 (7:20) | 6:01 (13:21) | 14:49 (28:10) | 12:07 (40:17) | 5:42 (45:59) | 5:59 (51:58) |
| | 6:32 (58:30) | 4:07 (1:02:37) | 8:06 (1:10:43) | 2:59 (1:13:42) | 0:15 (1:13:57) | |
| D55 | | | (3 / 3) | Temps | Après | |
| 1. | Virginie OLIGO | | COPV | 49:59 | | |
| | 8:41 (8:41) | 4:25 (13:06) | 8:47 (21:53) | 5:53 (27:46) | 4:22 (32:08) | 3:21 (35:29) |
| | 4:30 (39:59) | 3:26 (43:25) | 3:35 (47:00) | 2:49 (49:49) | 0:10 (49:59) | |
| 2. | Gaëlle LE NAOUR | | Quimper 29 | 1:07:09 +17:10 | | |
| | 6:17 (6:17) | 6:07 (12:24) | 11:48 (24:12) | 6:34 (30:46) | 5:24 (36:10) | 7:27 (43:37) |
| | 6:57 (50:34) | 5:22 (55:56) | 8:18 (1:04:14) | 2:40 (1:06:54) | 0:15 (1:07:09) | |

| | | | | | | |
|-------------|---|---------------------------------|---|---|-----------------------------------|-----------------|
| 3. | Catherine DURRMANN 21:31 (21:31) 5:50 (1:00:07) | 4:34 (26:05) 3:43 (1:03:50) | SAINT-BRIEUC OR 10:53 (36:58) 9:29 (1:13:19) | 1:15:55 +25:56 5:19 (42:17) 2:26 (1:15:45) | 5:13 (47:30) 0:10 (1:15:55) | 6:47 (54:17) |
| H40C | | | (3 / 3) | Temps | Après | |
| 1. | Fabrice CONIEL 5:07 (5:07) 4:31 (39:37) | 4:20 (9:27) 3:37 (43:14) | COL 10:28 (19:55) 7:12 (50:26) | 52:54 5:32 (25:27) 2:16 (52:42) | 5:35 (31:02) 0:12 (52:54) | 4:04 (35:06) |
| 2. | Jean-Michel FELIN 5:44 (5:44) 5:42 (42:24) | 4:54 (10:38) 4:34 (46:58) | Non licencié 10:43 (21:21) 10:12 (57:10) | 1:00:07 +7:13 6:20 (27:41) 2:41 (59:51) | 5:15 (32:56) 0:16 (1:00:07) | 3:46 (36:42) |
| 3. | Yann LE HELLOCO 5:54 (5:54) 5:43 (46:31) | 4:56 (10:50) 8:06 (54:37) | GO78 9:08 (19:58) 4:52 (59:29) | 1:01:59 +9:05 9:22 (29:20) 2:19 (1:01:48) | 6:00 (35:20) 0:11 (1:01:59) | 5:28 (40:48) |
| D21C | | | (3 / 3) | Temps | Après | |
| 1. | Emilie ROULLAND 6:10 (6:10) 8:31 (56:34) | 7:01 (13:11) 5:29 (1:02:03) | O. CAENNAISE 11:01 (24:12) 3:54 (1:05:57) | 1:09:02 10:49 (35:01) 2:53 (1:08:50) | 7:00 (42:01) 0:12 (1:09:02) | 6:02 (48:03) |
| 2. | Gaëlle LETOURNEUR 7:18 (7:18) 7:43 (58:27) | 8:03 (15:21) 6:27 (1:04:54) | VIK'AZIM 13:33 (28:54) 5:35 (1:10:29) | 1:13:50 +4:48 8:36 (37:30) 3:06 (1:13:35) | 7:31 (45:01) 0:15 (1:13:50) | 5:43 (50:44) |
| 3. | Mathilde GARROT 9:26 (9:26) 10:09 (1:20:18) | 8:08 (17:34) 6:40 (1:26:58) | O. CAENNAISE 16:52 (34:26) 6:01 (1:32:59) | 1:42:21 +33:19 10:34 (45:00) 8:25 (1:41:24) | 17:32 (1:02:32) 0:57 (1:42:21) | 7:37 (1:10:09) |
| H60 | | | (7 / 7) | Temps | Après | |
| 1. | Gilbert BERNARD 4:51 (4:51) 4:37 (34:40) | 3:50 (8:41) 4:06 (38:46) | O. CAENNAISE 8:17 (16:58) 4:42 (43:28) | 46:10 4:59 (21:57) 2:21 (45:49) | 4:39 (26:36) 0:21 (46:10) | 3:27 (30:03) |
| 2. | Daniel POEDRAS 4:26 (4:26) 4:37 (36:52) | 4:51 (9:17) 4:15 (41:07) | COPV 9:14 (18:31) 4:36 (45:43) | 48:02 +1:52 6:27 (24:58) 2:07 (47:50) | 4:23 (29:21) 0:12 (48:02) | 2:54 (32:15) |
| 3. | Gilles DESLANDES 5:02 (5:02) 6:05 (43:01) | 7:39 (12:41) 3:27 (46:28) | O. CAENNAISE 9:50 (22:31) 3:35 (50:03) | 52:34 +6:24 5:43 (28:14) 2:18 (52:21) | 5:16 (33:30) 0:13 (52:34) | 3:26 (36:56) |
| 4. | Erick FEVRIER 4:44 (4:44) 5:03 (45:28) | 9:59 (14:43) 4:25 (49:53) | Quimper 29 10:33 (25:16) 3:10 (53:03) | 55:32 +9:22 5:30 (30:46) 2:17 (55:20) | 4:02 (34:48) 0:12 (55:32) | 5:37 (40:25) |
| 5. | Pascal FRODEAU 6:10 (6:10) 6:09 (46:54) | 4:45 (10:55) 4:29 (51:23) | BO 11:37 (22:32) 3:36 (54:59) | 58:12 +12:02 7:50 (30:22) 2:58 (57:57) | 5:56 (36:18) 0:15 (58:12) | 4:27 (40:45) |
| 6. | Joel LE COZ 7:21 (7:21) 8:09 (56:30) | 6:08 (13:29) 5:13 (1:01:43) | Quimper 29 13:46 (27:15) 6:49 (1:08:32) | 1:11:43 +25:33 8:01 (35:16) 2:59 (1:11:31) | 7:31 (42:47) 0:12 (1:11:43) | 5:34 (48:21) |
| 7. | Jean-Michel VERDE 7:07 (7:07) 8:02 (57:39) | 6:18 (13:25) 5:48 (1:03:27) | SAINT-BRIEUC OR 11:06 (24:31) 6:58 (1:10:25) | 1:13:34 +27:24 7:35 (32:06) 2:52 (1:13:17) | 9:15 (41:21) 0:17 (1:13:34) | 8:16 (49:37) |
| H65 | | | (6 / 6) | Temps | Après | |
| 1. | Michel LEPETIT 5:34 (5:34) 5:23 (42:29) | 4:43 (10:17) 3:32 (46:01) | O. CAENNAISE 8:45 (19:02) 4:48 (50:49) | 53:21 6:05 (25:07) 2:19 (53:08) | 8:48 (33:55) 0:13 (53:21) | 3:11 (37:06) |
| 2. | J-Pierre CALANDOT 5:50 (5:50) 6:54 (45:48) | 4:49 (10:39) 4:58 (50:46) | O. CAENNAISE 9:58 (20:37) 4:40 (55:26) | 58:27 +5:06 6:52 (27:29) 2:43 (58:09) | 6:12 (33:41) 0:18 (58:27) | 5:13 (38:54) |
| 3. | Denis JAOUEN 8:19 (8:19) 6:35 (51:45) | 5:13 (13:32) 5:06 (56:51) | Quimper 29 12:16 (25:48) 4:36 (1:01:27) | 1:04:59 +11:38 7:14 (33:02) 3:16 (1:04:43) | 6:48 (39:50) 0:16 (1:04:59) | 5:20 (45:10) |
| 4. | Michel ALLANCON 7:43 (7:43) 7:01 (55:37) | 6:17 (14:00) 5:32 (1:01:09) | BO 13:55 (27:55) 4:23 (1:05:32) | 1:10:08 +16:47 8:30 (36:25) 4:22 (1:09:54) | 6:43 (43:08) 0:14 (1:10:08) | 5:28 (48:36) |
| 5. | Joël DELALANDE 7:00 (7:00) 5:50 (59:14) | 6:38 (13:38) 6:12 (1:05:26) | CFCO 17:13 (30:51) 4:21 (1:09:47) | 1:13:09 +19:48 9:01 (39:52) 3:07 (1:12:54) | 6:20 (46:12) 0:15 (1:13:09) | 7:12 (53:24) |
| 6. | Alain LEGAL 9:55 (9:55) 11:18 (1:16:58) | 9:39 (19:34) 6:58 (1:23:56) | SAINT-BRIEUC OR 15:50 (35:24) 13:12 (1:37:08) | 1:42:39 +49:18 10:47 (46:11) 4:58 (1:42:06) | 8:56 (55:07) 0:33 (1:42:39) | 10:33 (1:05:40) |
| D60 | | | (2 / 2) | Temps | Après | |
| 1. | Catherine GASTARD 12:04 (12:04) 16:03 (1:13:39) | 12:38 (24:42) 6:11 (1:19:50) | SAINT-BRIEUC OR 8:24 (33:06) 8:04 (1:27:54) | 1:31:57 11:46 (44:52) 3:45 (1:31:39) | 4:18 (49:10) 0:18 (1:31:57) | 8:26 (57:36) |
| | Michelle CALANDOT 13:29 (13:29) - (-) | 11:13 (24:42) - (-) | O. CAENNAISE 9:06 (33:48) - (-) | PM 11:27 (45:15) - (1:08:58) | 3:44 (48:59) 0:18 (1:09:16) | - (-) |
| D65 | | | (1 / 1) | Temps | Après | |
| 1. | Veronique AGUILLE 11:27 (11:27) 12:46 (1:00:49) | 11:07 (22:34) 8:29 (1:09:18) | O. CAENNAISE 5:52 (28:26) 7:53 (1:17:11) | 1:20:52 7:17 (35:43) 3:25 (1:20:36) | 6:04 (41:47) 0:16 (1:20:52) | 6:16 (48:03) |
| H70 | | | (1 / 1) | Temps | Après | |
| 1. | Joseph LEGUEN 11:18 (11:18) 9:02 (1:07:20) | 11:32 (22:50) 5:42 (1:13:02) | SAINT-BRIEUC OR 7:36 (30:26) 17:07 (1:30:09) | 1:34:54 12:50 (43:16) 4:06 (1:34:15) | 8:52 (52:08) 0:39 (1:34:54) | 6:10 (58:18) |
| D70 | | | (1 / 1) | Temps | Après | |
| 1. | Francoise FRANTZ 15:09 (15:09) 10:36 (1:11:59) | 13:41 (28:50) 6:10 (1:18:09) | Quimper 29 7:05 (35:55) 13:13 (1:31:22) | 1:35:36 8:32 (44:27) 3:54 (1:35:16) | 8:50 (53:17) 0:20 (1:35:36) | 8:06 (1:01:23) |
| D40C | | | (4 / 4) | Temps | Après | |
| 1. | Anne CONIEL 10:25 (10:25) 8:49 (51:14) | 10:20 (20:45) 6:19 (57:33) | COL 5:53 (26:38) 3:48 (1:01:21) | 1:05:02 6:51 (33:29) 3:30 (1:04:51) | 2:58 (36:27) 0:11 (1:05:02) | 5:58 (42:25) |
| 2. | Sandra ROUGIER 9:33 (9:33) 7:50 (52:46) | 9:49 (19:22) 6:20 (59:06) | ASMB-CO 8:23 (27:45) 5:37 (1:04:43) | 1:08:35 +3:33 6:36 (34:21) 3:37 (1:08:20) | 3:42 (38:03) 0:15 (1:08:35) | 6:53 (44:56) |

| | | | | | | |
|-------------|--|--|--|--|-----------------------------------|-------------------------------|
| 3. | Isabelle COCO 12:27 (12:27) 8:18 (54:48) | 11:13 (23:40) 6:14 (1:01:02) | VIK'AZIM 6:56 (30:36) 5:45 (1:06:47) | 1:10:43 +5:41 5:34 (36:10) 3:40 (1:10:27) | 4:00 (40:10) 0:16 (1:10:43) | 6:20 (46:30) |
| | Sarah PIERRE-KERANGUEVEN 7:03 (7:03) - (-) | 7:57 (15:00) - (47:58) | ASCO ORLEANS 11:50 (26:50) 3:18 (51:16) | PM 4:33 (31:23) 2:01 (53:17) | 2:47 (34:10) 0:10 (53:27) | 4:04 (38:14) |
| H16A | | | (6 / 6) | Temps | Après | |
| 1. | Tom LE CAM 7:45 (7:45) 4:16 (35:51) | 8:30 (16:15) 6:01 (41:52) | CRCO 5:19 (21:34) 2:05 (43:57) | 46:07 4:03 (25:37) 1:57 (45:54) | 4:25 (30:02) 0:13 (46:07) | 1:33 (31:35) |
| 2. | Thomas PIGEON 6:18 (6:18) 3:40 (37:03) | 7:06 (13:24) 5:41 (42:44) | VIK'AZIM 5:23 (18:47) 2:34 (45:18) | 47:06 5:51 (24:38) 1:39 (46:57) | 6:58 (31:36) 0:09 (47:06) | 1:47 (33:23) |
| 3. | Paul-Louis BUYENS 7:28 (7:28) 4:33 (42:26) | 8:36 (16:04) 6:23 (48:49) | Quimper 29 7:49 (23:53) 2:33 (51:22) | 53:15 +7:08 8:43 (32:36) 1:43 (53:05) | 3:33 (36:09) 0:10 (53:15) | 1:44 (37:53) |
| 4. | Nathan MARCHAND 7:16 (7:16) 6:25 (50:43) | 9:34 (16:50) 8:13 (58:56) | COBS 6:18 (23:08) 2:33 (1:01:29) | 1:03:18 +17:11 11:36 (34:44) 1:39 (1:03:08) | 4:29 (39:13) 0:10 (1:03:18) | 5:05 (44:18) |
| 5. | Antoine ARIBARD - (1:49:07) 7:18 (2:48:42) | 13:42 (2:02:49) 11:44 (3:00:26) | Non licencié 8:36 (2:11:25) 3:34 (3:04:00) | 3:06:42 +140:35 14:35 (2:26:00) 2:30 (3:06:30) | 11:17 (2:37:17) 0:12 (3:06:42) | 4:07 (2:41:24) |
| | Amaury KERANGUEVEN 14:53 (14:53) 13:37 (1:04:24) | 20:17 (35:10) 13:35 (1:17:59) | ASCO ORLEANS 9:44 (44:54) 4:04 (1:22:03) | PM - (-) 2:26 (1:24:29) | - (-) 0:12 (1:24:41) | - (50:47) |
| D16A | | | (3 / 3) | Temps | Après | |
| 1. | Lisa LECONTELLEC 7:46 (7:46) 5:20 (38:54) | 9:27 (17:13) 3:55 (42:49) | BO 5:36 (22:49) 5:39 (48:28) | 51:04 3:44 (26:33) 2:25 (50:53) | 2:18 (28:51) 0:11 (51:04) | 4:43 (33:34) |
| 2. | Jade SANCHEZ 7:33 (7:33) 5:22 (41:42) | 8:51 (16:24) 3:29 (45:11) | COBS 5:22 (21:46) 3:33 (48:44) | 51:09 +0:05 5:26 (27:12) 2:15 (50:59) | 4:45 (31:57) 0:10 (51:09) | 4:23 (36:20) |
| 3. | Léane BAILLET 8:49 (8:49) 10:12 (49:58) | 11:11 (20:00) 5:27 (55:25) | Quimper 29 5:26 (25:26) 3:59 (59:24) | 1:02:14 +11:10 6:20 (31:46) 2:39 (1:02:03) | 2:44 (34:30) 0:11 (1:02:14) | 5:16 (39:46) |
| D18B | | | (1 / 1) | Temps | Après | |
| 1. | Raphaëlle FREMONT 9:59 (9:59) 9:00 (1:02:36) | 19:44 (29:43) 4:47 (1:07:23) | COBS 6:03 (35:46) 9:45 (1:17:08) | 1:20:01 7:44 (43:30) 2:42 (1:19:50) | 4:35 (48:05) 0:11 (1:20:01) | 5:31 (53:36) |
| H14 | | | (6 / 6) | Temps | Après | |
| 1. | Aurelien SOSSON 1:32 (1:32) 2:45 (25:46) 1:52 (39:34) | 2:46 (4:18) 2:07 (27:53) 0:10 (39:44) | Quimper 29 2:18 (6:36) 1:35 (29:28) | 39:44 7:41 (14:17) 2:57 (32:25) | 4:23 (18:40) 2:59 (35:24) | 4:21 (23:01) 2:18 (37:42) |
| 2. | Alec LE HELLOCO 2:15 (2:15) 3:31 (24:24) 1:50 (39:37) | 3:51 (6:06) 3:19 (27:43) 0:13 (39:50) | GO78 2:43 (8:49) 1:41 (29:24) | 39:50 +0:06 2:22 (11:11) 3:16 (32:40) | 4:09 (15:20) 2:57 (35:37) | 5:33 (20:53) 2:10 (37:47) |
| 3. | Alan TANGUY 1:49 (1:49) 3:33 (27:14) 1:47 (40:45) | 8:05 (9:54) 2:11 (29:25) 0:13 (40:58) | BO 2:21 (12:15) 1:19 (30:44) | 40:58 +1:14 3:25 (15:40) 3:18 (34:02) | 3:35 (19:15) 2:52 (36:54) | 4:26 (23:41) 2:04 (38:58) |
| 4. | Kévin LE GALL 1:43 (1:43) 6:44 (25:20) 1:46 (40:51) | 2:52 (4:35) 1:49 (27:09) 0:11 (41:02) | BO 2:23 (6:58) 1:19 (28:28) | 41:02 +1:18 3:12 (10:10) 3:34 (32:02) | 4:20 (14:30) 5:19 (37:21) | 4:06 (18:36) 1:44 (39:05) |
| 5. | Pierre Emmanuel COLANGELO 6:22 (6:22) 3:24 (30:51) 1:38 (44:36) | 7:38 (14:00) 2:23 (33:14) 0:10 (44:46) | BO 2:17 (16:17) 1:34 (34:48) | 44:46 +5:02 3:21 (19:38) 3:07 (37:55) | 3:36 (23:14) 3:01 (40:56) | 4:13 (27:27) 2:02 (42:58) |
| 6. | Robin PREVEL 2:25 (2:25) 3:15 (24:30) 2:17 (51:45) | 3:56 (6:21) 2:12 (26:42) 0:16 (52:01) | VIK'AZIM 3:11 (9:32) 1:41 (28:23) | 52:01 +12:17 2:24 (11:56) 3:11 (31:34) | 4:05 (16:01) 3:27 (35:01) | 5:14 (21:15) 14:27 (49:28) |
| H16B | | | (1 / 1) | Temps | Après | |
| 1. | Emilien CHEVANCHE 2:29 (2:29) 4:28 (29:08) 2:15 (59:15) | 4:24 (6:53) 3:18 (32:26) 0:11 (59:26) | SAINT-BRIEUC OR 3:07 (10:00) 2:12 (34:38) | 59:26 2:53 (12:53) 3:46 (38:24) | 6:03 (18:56) 4:18 (42:42) | 5:44 (24:40) 14:18 (57:00) |
| D16B | | | (1 / 1) | Temps | Après | |
| 1. | Enora BERTHOLOM 2:33 (2:33) 7:53 (35:38) | 4:23 (6:56) 1:30 (37:08) | Quimper 29 4:16 (11:12) 5:03 (42:11) | 52:20 4:27 (15:39) 5:29 (47:40) | 4:40 (20:19) 4:12 (51:52) | 7:26 (27:45) 0:28 (52:20) |
| D14 | | | (1 / 1) | Temps | Après | |
| 1. | Ana HEURTAUX 2:00 (2:00) 3:06 (22:54) | 3:43 (5:43) 1:31 (24:25) | VIK'AZIM 2:41 (8:24) 3:45 (28:10) | 32:35 2:13 (10:37) 2:22 (30:32) | 4:00 (14:37) 1:50 (32:22) | 5:11 (19:48) 0:13 (32:35) |
| D12 | | | (3 / 3) | Temps | Après | |
| 1. | Louann MALARDE 1:37 (1:37) 3:40 (22:08) | 3:42 (5:19) 2:16 (24:24) | COL 1:08 (6:27) 3:43 (28:07) | 31:31 5:50 (12:17) 3:13 (31:20) | 2:02 (14:19) 0:11 (31:31) | 4:09 (18:28) |
| 2. | SATYEM MANREDJO 1:48 (1:48) 3:49 (26:30) | 3:55 (5:43) 2:32 (29:02) | BO 1:43 (7:26) 3:42 (32:44) | 35:42 +4:11 7:37 (15:03) 2:48 (35:32) | 2:12 (17:15) 0:10 (35:42) | 5:26 (22:41) |
| 3. | Ines BERTHOLOM 1:09 (1:09) 7:03 (22:18) | 3:15 (4:24) 2:20 (24:38) | Quimper 29 1:05 (5:29) 24:59 (49:37) | 52:22 +20:51 5:09 (10:38) 2:34 (52:11) | 1:43 (12:21) 0:11 (52:22) | 2:54 (15:15) |
| H12 | | | (2 / 2) | Temps | Après | |
| 1. | Elouan BRASSART | | O. CAENNAISE | 19:46 | | |

| | | | | | | |
|---------------------------|--------------------------|-----------------|------------------------|-----------------------|-----------------|-----------------|
| | 1:00 (1:00) | 2:42 (3:42) | 1:03 (4:45) | 3:35 (8:20) | 1:28 (9:48) | 2:45 (12:33) |
| | 2:01 (14:34) | 0:59 (15:33) | 1:57 (17:30) | 1:56 (19:26) | 0:20 (19:46) | |
| 2. | Noé PECOURT | | Quimper 29 | 28:39 +8:53 | | |
| | 1:05 (1:05) | 2:50 (3:55) | 1:02 (4:57) | 3:55 (8:52) | 1:44 (10:36) | 3:30 (14:06) |
| | 5:33 (19:39) | 2:07 (21:46) | 4:27 (26:13) | 2:16 (28:29) | 0:10 (28:39) | |
| D10 | | | (1 / 1) | Temps | Après | |
| 1. | Eryne BRASSART | | O. CAENNAISE | 26:07 | | |
| | 1:37 (1:37) | 2:58 (4:35) | 1:40 (6:15) | 1:21 (7:36) | 2:26 (10:02) | 4:16 (14:18) |
| | 2:15 (16:33) | 1:44 (18:17) | 1:48 (20:05) | 2:29 (22:34) | 3:15 (25:49) | 0:18 (26:07) |
| H10 | | | (1 / 1) | Temps | Après | |
| 1. | LE NY Corentin | | Non licencié | 50:32 | | |
| | 2:05 (2:05) | 7:58 (10:03) | 5:36 (15:39) | 2:52 (18:31) | 4:46 (23:17) | 7:05 (30:22) |
| | 4:29 (34:51) | 3:36 (38:27) | 3:06 (41:33) | 5:02 (46:35) | 3:38 (50:13) | 0:19 (50:32) |
| Initiation moyen | | | (1 / 1) | Temps | Après | |
| 1. | Sylvie BLONDEAU | | Non licencié | 1:02:48 | | |
| | 1:46 (1:46) | 3:08 (4:54) | 8:46 (13:40) | 5:22 (19:02) | 6:10 (25:12) | 1:20 (26:32) |
| | 6:14 (32:46) | 6:30 (39:16) | 7:45 (47:01) | 1:18 (48:19) | 6:49 (55:08) | 3:22 (58:30) |
| | 3:50 (1:02:20) | 0:28 (1:02:48) | | | | |
| Initiation jalonné | | | (2 / 3) | Temps | Après | |
| 1. | Margot POGU | | SAINT-BRIEUC OR | 33:08 | | |
| | 3:13 (3:13) | 5:41 (8:54) | 6:50 (15:44) | 2:05 (17:49) | 3:20 (21:09) | 1:26 (22:35) |
| | 3:23 (25:58) | 3:27 (29:25) | 3:19 (32:44) | 0:24 (33:08) | | |
| 2. | Francoise MASSON | | Non licencié | 47:22 +14:14 | | |
| | 3:30 (3:30) | 5:22 (8:52) | 3:43 (12:35) | 2:52 (15:27) | 7:22 (22:49) | 1:20 (24:09) |
| | 4:05 (28:14) | 5:17 (33:31) | 13:01 (46:32) | 0:50 (47:22) | | |
| H80 | | | (1 / 1) | Temps | Après | |
| 1. | Joseph LEFOUEST | | Quimper 29 | 1:52:35 | | |
| | 16:00 (16:00) | 20:43 (36:43) | 9:22 (46:05) | 11:23 (57:28) | 6:02 (1:03:30) | 9:01 (1:12:31) |
| | 12:58 (1:25:29) | 10:22 (1:35:51) | 8:34 (1:44:25) | 7:36 (1:52:01) | 0:34 (1:52:35) | |
| Jalonné | | | (1 / 1) | Temps | Après | |
| 1. | Louis BENEÏTO | | Non licencié | 30:44 | | |
| | 3:00 (3:00) | 4:29 (7:29) | 1:35 (9:04) | 1:51 (10:55) | 3:56 (14:51) | 1:50 (16:41) |
| | 4:27 (21:08) | 4:39 (25:47) | 4:39 (30:26) | 0:18 (30:44) | | |
| I.C | | | (4 / 4) | Temps | Après | |
| 1. | VASILOI Nadejda | | Non licencié | 1:00:11 | | |
| | 2:07 (2:07) | 3:06 (5:13) | 3:02 (8:15) | 3:02 (11:17) | 2:45 (14:02) | 2:25 (16:27) |
| | 8:00 (24:27) | 5:23 (29:50) | 7:46 (37:36) | 6:35 (44:11) | 12:52 (57:03) | 2:56 (59:59) |
| | 0:12 (1:00:11) | | | | | |
| 2. | Stéphanie MERCIER | | COL | 1:03:56 +3:45 | | |
| | 3:59 (3:59) | 5:20 (9:19) | 6:05 (15:24) | 3:47 (19:11) | 4:25 (23:36) | 3:56 (27:32) |
| | 8:15 (35:47) | 5:43 (41:30) | 5:09 (46:39) | 3:07 (49:46) | 6:30 (56:16) | 4:43 (1:00:59) |
| | 2:57 (1:03:56) | | | | | |
| 3. | GAGNET | | Non licencié | 1:29:34 +29:23 | | |
| | 8:49 (8:49) | 5:08 (13:57) | 5:04 (19:01) | 4:48 (23:49) | 6:56 (30:45) | 3:24 (34:09) |
| | 9:16 (43:25) | 21:47 (1:05:12) | 3:11 (1:08:23) | 6:02 (1:14:25) | 7:59 (1:22:24) | 6:24 (1:28:48) |
| | 0:46 (1:29:34) | | | | | |
| 4. | Gwenolé TANGUY | | Non licencié | 1:59:13 +59:02 | | |
| | – (1:32:08) | 2:47 (1:34:55) | 2:20 (1:37:15) | 1:50 (1:39:05) | 2:05 (1:41:10) | 1:39 (1:42:49) |
| | 3:38 (1:46:27) | 2:11 (1:48:38) | 2:06 (1:50:44) | 1:17 (1:52:01) | 3:26 (1:55:27) | 3:35 (1:59:02) |
| | 0:11 (1:59:13) | | | | | |
| I.M | | | (6 / 6) | Temps | Après | |
| 1. | Yohann Lucas | | Non licencié | 43:50 | | |
| | 1:54 (1:54) | 2:39 (4:33) | 4:45 (9:18) | 3:06 (12:24) | 4:12 (16:36) | 2:14 (18:50) |
| | 3:26 (22:16) | 2:30 (24:46) | 3:18 (28:04) | 2:27 (30:31) | 4:25 (34:56) | 4:07 (39:03) |
| | 4:30 (43:33) | 0:17 (43:50) | | | | |
| 2. | DIDIER TREHIOU | | Non licencié | 56:01 +12:11 | | |
| | 9:43 (9:43) | 8:43 (18:26) | 4:48 (23:14) | 3:31 (26:45) | 2:58 (29:43) | 4:21 (34:04) |
| | 8:09 (42:13) | 3:47 (46:00) | 7:55 (53:55) | 1:57 (55:52) | 0:09 (56:01) | |
| 3. | Virginie MARTIN | | Non licencié | 1:06:37 +22:47 | | |
| | 1:17 (1:17) | 1:01 (2:18) | 5:02 (7:20) | 5:24 (12:44) | 6:21 (19:05) | 3:46 (22:51) |
| | 4:03 (26:54) | 5:57 (32:51) | 20:52 (53:43) | 1:01 (54:44) | 6:28 (1:01:12) | 2:45 (1:03:57) |
| | 2:25 (1:06:22) | 0:15 (1:06:37) | | | | |
| 4. | Ewen CORBEL | | Non licencié | 1:32:00 +48:10 | | |
| | 3:41 (3:41) | 4:11 (7:52) | 20:12 (28:04) | 8:18 (36:22) | 6:08 (42:30) | 15:50 (58:20) |
| | 6:21 (1:04:41) | 3:38 (1:08:19) | 8:30 (1:16:49) | 3:09 (1:19:58) | 4:44 (1:24:42) | 3:55 (1:28:37) |
| | 3:02 (1:31:39) | 0:21 (1:32:00) | | | | |
| 4. | Marion GUERIN | | Non licencié | 1:32:00 +48:10 | | |
| | 3:43 (3:43) | 4:11 (7:54) | 20:01 (27:55) | 8:28 (36:23) | 6:11 (42:34) | 16:01 (58:35) |
| | 6:10 (1:04:45) | 3:44 (1:08:29) | 8:21 (1:16:50) | 3:23 (1:20:13) | 5:06 (1:25:19) | 3:27 (1:28:46) |
| | 2:56 (1:31:42) | 0:18 (1:32:00) | | | | |
| | LE NY Adélaïde | | Non licencié | PM | | |
| | 2:38 (2:38) | 3:10 (5:48) | 14:04 (19:52) | 9:09 (29:01) | 8:36 (37:37) | 9:46 (47:23) |
| | 10:09 (57:32) | 4:59 (1:02:31) | 20:32 (1:23:03) | 4:17 (1:27:20) | 11:59 (1:39:19) | – (–) |
| | – (1:49:43) | 0:25 (1:50:08) | | | | |
| Lbis hors cat | | | (1 / 1) | Temps | Après | |
| 1. | Claudine ALLANCON | | BO | 1:37:09 | | |
| | 6:24 (6:24) | 9:28 (15:52) | 7:25 (23:17) | 6:50 (30:07) | 17:09 (47:16) | 13:36 (1:00:52) |
| | 9:18 (1:10:10) | 5:47 (1:15:57) | 10:03 (1:26:00) | 5:36 (1:31:36) | 5:08 (1:36:44) | 0:25 (1:37:09) |